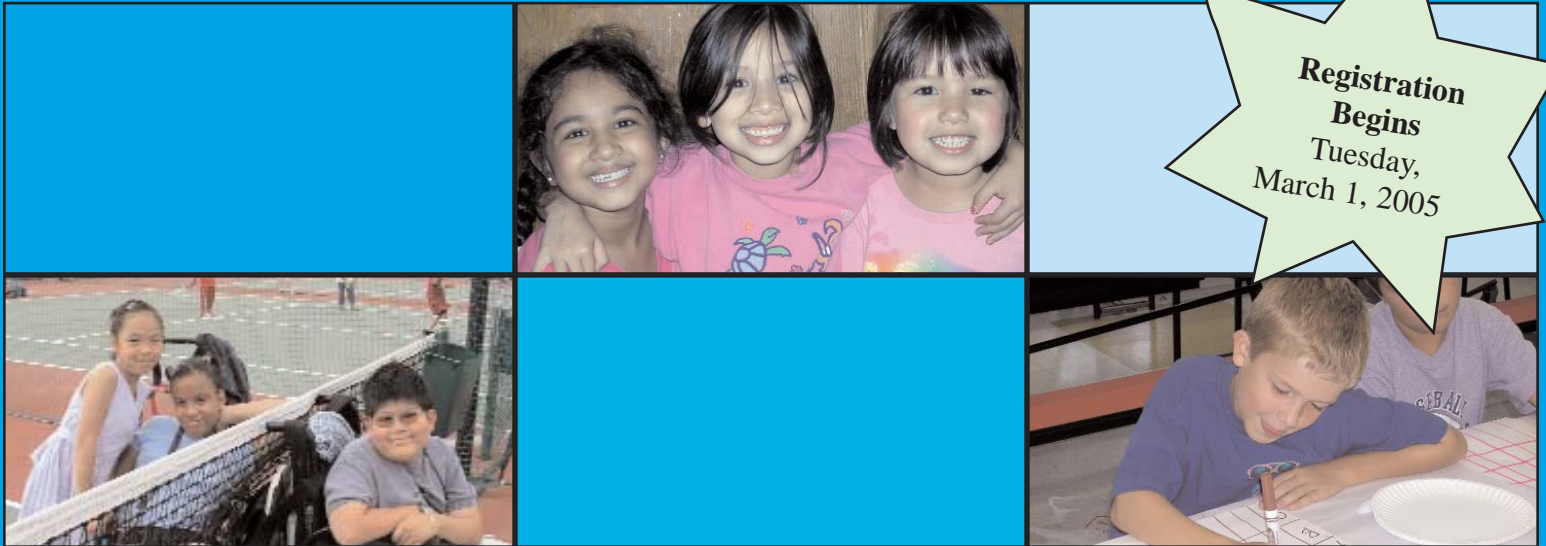


2005 Summer Day Camp

July 5, 2005 - September 9, 2005



Cross Island YMCA
You're WhY...We're Making a Difference Every Day



From the Camp Team



Welcome to the Summer of 2005! Thank you for considering the Cross Island YMCA Summer Day Camp for your child's summer experience.

Every child deserves the opportunity to participate in a safe, caring and fun environment. Our goal is to develop each child's spirit, mind and body through quality-driven programs.

We have new additions to our Summer Camp as well as our popular camps - Progressive Basketball, Outdoor Adventure, and the Lisa Beth Gerstman Camp for children with physical disabilities.

We look forward to providing a summer full of fun and everlasting memories!

Sincerely,

The Camp Team

Brian Morris phone 718 551-9315 • email bmorris@ymcany.org & **Michele Wright** phone 718 551-9319 • email mwright@ymcany.org

Accreditation

The Cross Island YMCA Day Camp Program is proud to be accredited by the American Camping Association. Developed exclusively for the camp industry, this nationally-recognized Association focuses on program quality, health and safety issues, and requires us to review every facet of our operation. The Cross Island YMCA has voluntarily submitted to this independent appraisal done by camp experts and has earned this mark of distinction.



Our Mission

The YMCA of Greater New York is a community service organization which promotes positive values through programs that build spirit, mind and body, welcoming all people, with a focus on youth.

Early Childhood Summer Camp

for ages 3 - 6

Our camp includes air-conditioned classrooms, outdoor playground, picnic area, indoor pool and gym. Children participate in a wide variety of activities including arts & crafts, swim, gym, music and organized games. They enjoy special theme weeks, such as Fairytales, Stars & Planets, Things Under the Sea and Dinosaurs. Every Wednesday a trip to the zoo, children's museum or park is planned. All activities are geared to meet individual needs, abilities and interests.

Our primary goal is for each child to develop a positive self-image. The staff is made up of carefully selected teachers and assistant teachers. They provide guidance and supervision so that each child can achieve self-confidence and awareness.

Parent Open House Orientations

Wednesday, May 4 - 7:30 pm
 Saturday, May 7 - 11:00 am
 Saturday, June 4 - 11:00 am

For more information or to arrange a tour contact Jeanette Massey, Childcare Director at 718 551-9373 or email at masseyj@ymcanyc.org.

Hours

9:00 am to 4:00 pm

Extended Hours

7:00 to 9:00 am and/or 4:00 to 6:00 pm

	Session Dates	Final Payments Due
I	June 27 - July 8	June 1 st
II	July 11 - July 22	June 1 st
III	July 25 - August 5	July 1 st
IV	August 8 - August 19	July 1 st
V	August 22 - August 26	July 1 st

** Days and Sessions May Not Be Split*

Registration

begins March 1, 2005

\$50 - Registration fee for campers who are not YMCA members or currently enrolled in the Cross Island YMCA Early Childhood Center (*Non-refundable*)

\$25 - Deposit for each session (*Non-refundable*)

Early Childhood Camp Fees

Session Fees	5 Day M-F
2 Weeks	\$400
4 Weeks	\$800
6 Weeks	\$1,200
8 Weeks	\$1,600
9 Weeks	\$1,800



Transportation Fees

Session Fees	5 Day M-F
2 Weeks	\$180
4 Weeks	\$360
6 Weeks	\$540
8 Weeks	\$720
9 Weeks	\$810



Extended Hours

AM 7:00 - 9:00 = \$70

PM 4:00 - 6:00 = \$70

AM & PM = \$140 per session

Recreational Camps

for ages 5 - 12

Day Camp session = Monday - Friday

Hours = 9:00 am - 4:00 pm

Extended hours morning and evening available.

Unit I - Campers born 1999 & 2000 who are 5 and 6 years old.

Unit II - Campers born 1997 & 1998 who are 7 and 8 years old.

Unit III - Campers born 1995 & 1996 who are 9 and 10 years old.

Unit IV - Campers born 1993 & 1994 who are 11 and 12 years old.

All Units participate in the following activities:

Morning Assembly • Arts & Crafts • Swimming • Trips • Lunch & Snack • Character Development • Sports & Games

SESSION DATES	RATES	TRANSPORTATION	EXTENDED HOURS
Mini Camp July 5 - July 8	Mini Camp \$130	Mini Camp - \$80	<i>per session</i> 7 - 9 a.m. = \$70 4 - 6 p.m. = \$70 a.m. & p.m. = \$140
I July 11 - July 22	2 Weeks \$325	2 Weeks - \$180	
II July 25 - August 5	4 Weeks \$650	4 Weeks - \$360	
III August 8 - August 19	6 Weeks \$975	6 Weeks - \$540	
IV August 22 - September 2	8 Weeks \$1,300	8 Weeks - \$720	
Extended Camp Sept 6 - Sept 9	Extended Camp \$130	Extended Camp - \$80	
	\$50 - Registration Fee* for Non-YMCA Member campers (* Non-refundable)		

Accepted forms of payments are cash or credit card.

Final payments for Sessions I and II are due by May 1st

Final payments for Sessions III, IV, and V are due by June 1st

Sports Camps

Rate: \$375 per session

Our Sports Camps aim to challenge young people to develop their skills, enhance their knowledge and practice sportsmanship and teamwork. To illustrate this concept, the Cross Island YMCA is implementing a new evaluation process of all 2005 Sports Camps. By measuring levels of ability through an initial “skills assessment,” campers can spend each session focusing on their specific areas of need. At the end of the session, another evaluation will be administered so that children can see how much they have improved. These campers will work towards a culminating event for each session.

Boy's Team Sports Camps

Session I - IV
Ages 6 - 12

Another new camp offered this summer, Team Sports Camp will incorporate four popular sports for boys: Baseball, Basketball, Soccer and Flag Football. Campers will learn basic fundamentals, rules and skills for each of the sports. Each day of the week our staff will focus on one of the four sports. Our goal is for the children to be exposed to a variety of sports. Join us as we take our sports camps to a new level.

Girl's Team Sports Camp

Session I - IV
Ages 6 - 12

This summer, Team Sports Camp will incorporate four popular sports for girls: Softball, Basketball, Soccer and Volleyball. Campers will learn basic fundamentals, rules and skills for each of the sports. Each day of the week our staff will focus on one of the four sports. Our goal is for the children to be exposed to a variety of sports. Join us as we take our sports camps to a new level.

Progressive Tennis

Session I - III
Ages 6 - 12

Drills and activities carefully designed for different developmental levels so children have successful learning experiences. Focus on positions, court layout, rules & regulations, singles, doubles, fore-hand strokes, back-hand strokes and serving. Please bring a racquet and a sun visor or hat.

Progressive Basketball

Session I - III
Ages 6 - 12

Classes based upon appropriate age and level of play, all ability levels are welcomed. Offensive and defensive skills and team concepts develop the most complete basketball player possible. A 3-on-3 tournament and shooting contest will be held the last day.



Wrestling Camp

Session I
Ages 8 - 12

One of our newest camps, participants will learn the fundamentals of the sport of wrestling. Campers will have a great time in this new camp as they learn the rules of wrestling, techniques, good sportsmanship as well as healthy eating habits. All campers need to purchase protective headgear at an additional fee in order to participate.

Gymnastics

Session II
Ages 6 - 12

Drills and skills in all Olympic Events, following a progressive program. Dance, conditioning, stretching and performance tips focus on fun for gymnasts of every level. Last day exhibition gives gymnasts an opportunity to show their newly acquired skills.



Martial Arts

Session III
Ages 6 - 12

In this camp, participants will learn techniques and positive characteristics such as self-respect, self-discipline, honor and righteousness, Martial Arts has been proven effective in defense situations. Campers' exhibition on the last day.



Creative Camps

Ages 6 - 12 • Sessions I - III • Rate: \$375 per session

Creative camp in 2005 will be a combination of some of our more popular "Creative Camps" from years past. Campers will be exposed to a variety of different art forms and ways of expressing themselves using the arts. These art forms will include, but are not limited to, the following: Drama, Dance, Music and Cartooning. Young people in this camp will spend approximately two hours a day learning different techniques, skills and exercises based upon the focus for that day. At the end of each session, participant's work will be on display and a culminating event will be planned.

Computer Camp

Ages 6 - 12 • Session I- IV • Rate: \$375 per session



Your child can spend the summer learning the wonders of the ever-growing world of computers. Instructors are knowledgeable and experienced. Your child will become familiar with computer design, graphic design, word processing and net surfing, while working on-site at the Y using state-of-the-art computers. Join computer camp today and unveil talents in computer literacy.

For more information contact Marianne DeMarco at 718 551-9314 or email at mdemarco@ymcanyc.org.

Outdoor Adventure Camp at Queens County Farm

Ages 5 - 12 • Sessions I - III • Rate: \$375 per session

This camp provides children with memorable and exciting outdoor experiences. This particular setting enables each camper to have more individualized attention from staff members. Children will be provided with hands-on experiences and challenges, both physically and intellectually. The philosophy behind this camp is for its campers to develop self-esteem, respect for nature and lasting friendships.



Activities include: Hiking, environmental awareness, songs, nature-based arts-n-crafts, basic first aid, team building challenges and basic survival skills, swimming and more.

Outdoor Adventure Camp is located at the Queens County Farm on Little Neck Parkway, which is just a couple of miles from the Cross Island YMCA. Situated in plenty of outdoor open space, the Queens County Farm provides the opportunity to grow, learn and appreciate the outdoors. Campers are to be dropped off and picked up at Queens County Farm. *All extended day programs take place on-site, not at the YMCA.*

For more details and Parent Orientation dates and times, please contact Danielle Scigliano or Tyrone Walton at 718 479-0505 ext. 405.

Lisa Beth Gerstman Camp for Children with Physical Disabilities

Ages 6 - 14
9:00 am to 4:00 pm

The Cross Island YMCA is most proud to offer The Lisa Beth Gerstman YMCA Summer Day Camp program serving children with physical disabilities in a fully integrated setting. Every child deserves the opportunity to participate in a safe, caring and fun learning environment. Our goal is to develop each child's spirit, mind and body through quality driven programs.



This special camp is made possible through the generous support of the Lisa Beth Gerstman Foundation. Their donation has offset the expenses of equipment, transportation and staffing required to serve youngsters with physical disabilities.

The children will receive wheelchair accessible transportation, one-on-one swimming instruction, adaptive physical activities and equipment. One coordinator and a minimum of five personal assistants will be available for every 10 campers.

For more details and enrollment contact Jean Dattner at 718 479-0505 ext. 125 or Dianne DiPeri at 718 479-0505 ext. 130.

SESSION DATES
I July 11 - July 29
II August 1 - August 19

RATES	
3 Weeks	\$490
6 Weeks	\$980



Teen Camp

Ages 13 - 15 • Mini Camp, Sessions I - IV & Extended Camp • Rate: \$325 per session

Campers born 1990 through 1992 who are 13 - 15 years old.

At the Cross Island YMCA, we recognize that teenagers have a variety of changing interests. This provides the foundation for our brand new approach to the 2005 camping experience for young adults. Teen Camp will incorporate three major components; sports and recreation, visual and performing arts, and leadership training. All activities, trips, and additional programming will be an outgrowth of these three components.



A specific theme will be incorporated into each session. Themes will include the following: Sports & Wellness, Arts & Media, Apprentice & Leadership Skills, and Urban Exploration. Our goal is to continue to challenge the teens as they strive to develop their spirit, mind, and body throughout their entire camp experience here at Cross Island YMCA.

Also look for two brand new camps for teens:

Teen Travel Camp - This camp will allow our teens to experience various extended day trips to exciting places throughout the tri-state area. *(Additional fee required)*

Teen Fitness Camp - This camp will help to condition new athletes and teens who are working out for the first time. Teens will have the opportunity to work out in our state-of-the-art facility with personal trainers who will develop an individual fitness plan for each participant.

We look forward to seeing you at the Cross Island Y this summer as we gear up for exciting new adventures and for the best summer yet!



Leaders-In-Training

Ages 15 - 17 • Sessions I - IV • Rate: \$75 per session

Leaders are responsible for assisting Day Camp staff in providing a variety of activities in a safe and well-supervised environment. The LIT program provides practical learning experience for jobs involving children.

Interested teens must complete the application process and demonstrate the maturity necessary to serve as a staff trainee. Teens will be interviewed and must be chosen to participate. Once chosen, LITs attend weekly trainings and are assigned to work with counselors in various age groups.



In order for a teen to be eligible for the L.I.T. program, they must meet the following requirements:

- If the teen is 15 years of age, they must have been a *Teen Camp* participant during the summer of 2004.
- If they have not attended teen camp, they must register for this camp instead of the L.I.T. program.
- A teacher or Guidance Counselor must recommend ALL potential L.I.T. participants.
- Three letters of recommendation must accompany all applications.
- All 15 - 16 year old teens are encouraged to enroll in this worthwhile leadership program.

Transportation

The YMCA has secured a reputable firm to provide reliable and safe transportation for your child(ren). Transportation to and from the YMCA is available only to campers who attend regular hours 9:00 a.m. to 4:00 p.m. Transportation is offered from designated spots within the following communities.

The YMCA serves the following areas:

Bellerose	Queens Village	Hollis	Jamaica Estates	St. Albans
Cambria Heights	Springfield Gardens	Laurelton	Rosedale	Floral Park
New Hyde Park	Elmont	Far Rockaway	Bayside	Little Neck
Douglaston	Rochdale	Valley Stream	Glen Oaks	Arverne
Fresh Meadows	Kew Gardens			

Summer Games

Here at the Cross Island YMCA we pride ourselves on our comradery and spirit. In order to build valuable bonds of friendship and teamwork between all campers, we will host Summer Games. The Summer Games divide the camp into 4 teams - based on the theme for the summer. Each team works together in various activities to earn points. Points are given every morning at assembly, at Camp Family Nights and throughout the day.

The games begin the first full week of camp and run through the fourth session. All family members and friends are invited to check the scoreboard and support your favorite team.

On Friday, August 19th, the winning team will be announced and will have a party celebrating their victory.

General Information

Staff - Staff are hired based on experience and commitment to working with children from varied backgrounds. Lead counselors are at least 18 and have certification in CPR, First Aid and Water Safety. Each Camp Director and Counselor must attend 24 hours of training. If interested in employment, applications will be available at the Member Registration Desk beginning Tuesday, March 1, 2005.

Registration - Applications are available at the Member Registration Desk beginning Tuesday, March 1, 2005. There will be a \$25 (per change) transaction fee for any changes made with regard to camp or transportation after registration is completed. Medical Forms must be completed by you and your family physician and returned to our office **before** your child begins camp.

Payment - A non-refundable deposit of \$25 per session is required at the time of registration. A \$50 non-refundable registration fee is required for campers who are not YMCA members. *Accepted forms of payment are cash or credit card.*

Refunds - YMCA Day Camp fees are not refundable. In the event of illness or injury, a doctor's note would be necessary for withdrawal.

Discounts - A 25% discount on camp and transportation rates applies to the second child from the same family living in the same household. Siblings only qualify for discounts. The discount applies to the lowest fee.

Lunch - On trip days campers receive a cold lunch consisting of a sandwich, fruit and a drink. Hot lunch is served on all other days. Lunches & menus are provided by the Department of Education.

What to Bring - It is suggested to wear shorts, sneakers and T-shirts. For safety purposes, do not wear skirts or sandals. Bathing suit, bathing cap and towel are required on swim days. Sunscreen and water bottles are also recommended. Towels, bathing caps, backpacks and water bottles are available for purchase at the Member Registration Desk. YMCA camp shirts must be worn on trip days. Shirts will be given out on the first trip day.

Financial Assistance - Applications can be obtained from the Member Registration Desk and are due back to the camp office by April 30. We will do our best to assist any family who believes as we do that... *Every Kid Deserves a Y.*

Parent Open House Orientations

Open houses are held at the Cross Island YMCA. (*For Early Childhood dates see page 2*)

Wednesdays - April 13, May 4, June 1 & June 15 at 7:00 pm and Saturdays - April 16, May 7, June 4 & June 18 at 10:00 am.

Family Night - Parents and friends of campers are invited to join us on Friday, July 22, Friday, August 5 and Friday, August 19 for three fantastic evenings full of fun and surprises.

Camp Offerings by Session

Mini Camp <i>July 5 - 8</i>	Session I <i>July 11 - 22</i>	Session II <i>July 25 - August 5</i>	Session III <i>August 8 - 19</i>	Session V <i>August 22 - Sept 2</i>	Extended Camp <i>September 6 - 9</i>
Recreation Camp	Recreation Camp	Recreation Camp	Recreation Camp	Recreation Camp	Recreation Camp
Teen Camp	Teen Camp	Teen Camp	Teen Camp	Teen Camp	Teen Camp
		Teen Fitness Camp	Teen Travel Camp		
	Outdoor Adventure	Outdoor Adventure	Outdoor Adventure		
	Wrestling Camp	Gymnastics Camp	Martial Arts Camp		
	Basketball	Basketball	Basketball		
	Tennis	Tennis	Tennis		
	Creative Camp	Creative Camp	Creative Camp		
	Boy's Team Sports	Boy's Team Sports	Boy's Team Sports	Boy's Team Sports	
	Girl's Team Sports	Girl's Team Sports	Girl's Team Sports	Girl's Team Sports	
	L.I.T. Program	L.I.T. Program	L.I.T. Program	L.I.T. Program	

Cross Island YMCA

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